



Patience

# Have you ever played the game jenga?

What do you need to have in order to be successful at this game?

What happens if you rush and grab a block?



Ask yourself. . .Do you show *patience*?

Patience -the capacity,  
habit, or fact of bearing  
trials calmly or without  
complaint.





CHARACTER TRAIT

*March*

Patience

BRINGING OUT

*the best*

# A Knotty Situation

Get into a group of 6 or 8 (must be an even number). Arrange your group in a tight circle.

Extend your right hand and grab the hand of someone opposite of you in the circle.

Now you must untangle yourselves into a circle without letting go of the hands.

Alternate instructions: If you have an odd number, one person can act as coach for a single group or be a commentator for the whole group and do a play-by-play announcement of each group's progress.

# Game Reflections

Why was it important to show patience while working out the problem?

What motivated you to keep going when it got tough?

# Hungry?

Have you ever made a cup of soup or bowl of noodles? What about pasta for spaghetti?

What happens if you take the noodles out too soon?

Share how you show patience when you are cooking?

With your parents permission, prepare a snack while showing patience.



# Showing Patience At School

## **What would you do?**

You just got your spring semester schedule. You notice that you have a class on your schedule that you've taken before. You request to see the counselor. The next day, you see you still have the class on your schedule and the counselor has not called you in to resolve the issues. How do you handle this situation with patience?